

Practice Website template (Clinical Research Network)

Mid Sussex Health Care carries out research in collaboration with the National Institute for Health Research (NIHR), the research arm of the NHS. You can find out more about the NIHR here: <http://www.nihr.ac.uk/>

We are grateful to the patients and carers who can give their time and commitment to help with medical research.

Studies can vary from observational projects, questionnaire studies, uses of new medication and longer term research following patients with various conditions for many years. Such studies may aim to help with the development of treatments, pathways of care and improving patient care.

Mid Sussex Health Care has previously supported

- DARE Diabetes Study (finding the inherited and environmental causes of diabetes)
- HEAT (**H**elicobacter **E**radication **A**spirin **T**rial) is a large scale outcomes study designed to see whether *Helicobacter pylori* eradication reduces the incidence of ulcer bleeding in aspirin users)
- TASMING4 (Telemonitoring and/or Self-monitoring in Hypertension)

Research is important to patients because it can help work out which treatments work better for which patients. Although patients may not directly benefit from taking part in research themselves, they may help inform better healthcare for future patients.

The “Ok to ask” campaign encourages more patients or carers to ask about research opportunities that could be available to them or loved ones. You can read more about this here: <http://www.nihr.ac.uk/news-and-events/support-our-campaigns/ok-to-ask/>

And more about patient, carers and public involvement in research here: <https://www.crn.nihr.ac.uk/can-help/patients-carers-public/>
<http://www.invo.org.uk/>